RIDING STRATEGIES

You should know the use of SIPDE process as a system for safe riding strategies and its application to different terrain.



Scan / Search Keep eyes moving searching the terrain Check overall environment Watch several seconds ahead Avoid fixating on any point



Identify Hazards Pick out specific problems consider:

- ✓ Surface composition
- ✓ Other trail users and wildlife
- ✓ Stationary objects



Predict what may happen Think of consequence.
Consider riding techniques necessary.
Predict results of choice



or p. ✓ ↑ Decide ✓ (

Slow down so there is more time to react. Pick the best line or path. Consider:

- ✓ Traction
- ✓ Obstacles within skill level
- ✓ Visibility

Choose to reduce risk Choose to stay well within personal limits and capabilities of the OHV



Execute your decision

what

to do

Adjust technique Adjust speed Adjust path of travel

BE A RIGHT RIDER

We all have a stake in safe, responsible OHV riding, and land use.

Keeping riding areas open requires good relationships between public land managers, private land owners, and others who share the land such as riders, campers, and hikers.

In most cases common courtesy and consideration of their interests is all that is necessary to ensure that everyone can enjoy the area(s).

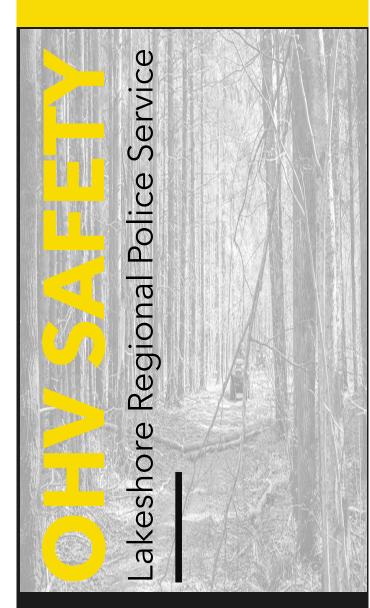
All OHV riders must use good judgement and be responsible. It is up to YOU to set a good example for OHV safety. You must help your peers to ride sensibly and safely at all times.

If you would like more information on OHV Safety or to book a OHV Safety Awareness workshop contact the LRPS Crime Prevention Unit, 1-855-299-0138.



Lakeshore Regional Police Service

Ride SAFE Ride SMART



Lakeshore Regional Police Service Box 291 Driftpile, Alberta TOG 0V0 1-855-299-0138

OFF-HIGHWAY VEHICLES

In Alberta, an off-highway vehicle (OHV) is defined in the Traffic Safety Act as any motorized mode of transportation built for cross-country travel on land, water, snow, ice or marsh or swamp land or on other natural terrain, and without limiting the generality of the foregoing, includes, when specifically designed for such travel,

- 4-wheel drive vehicles,
- low pressure tire vehicles, motorcycles and related 2-wheel vehicles,
- amphibious vehicles,
- all-terrain vehicles (ATVs),
- utility terrain vehicles,
- miniature motor vehicles,
- snow vehicles,
- minibikes, and
- any other means of motorized transportation.

This definition includes OVS's known as side-by-sides, dirt bikes, snowmobiles and snow bikes. Excluded are motorboats, farm machinery and construction machinery.





ARE YOU READY TO RIDE?

Before you ride be sure you and your OHV are ready. Improper vehicle use can result in SEVERE INJURY or DEATH.

Take Smart Risks:

- Look First: think ahead; be aware of any hazards; check the weather; watch out for hikers or animals
- Wear the Gear: jackets, helmets, goggles, gloves, boots, long pants
- **Get trained:** get formal hands-on training from a trained instructor
- Buckle Up: make sure your gear fits properly and is fastened securely
- Drive Sober: do not use alcohol or drugs; pay attention, be in control
- Seek Help: tell others where you are going. Take emergency gear and get help immediately when you need it

WEAR THE GEAR





Helmet



Jacket







Long Pants



Gloves

Boots

