



# RIDING STRATEGIES

You should know the use of SIPDE process as a system for safe riding strategies and its application to different terrain.

# S

Scan / Search

Keep eyes moving searching the terrain  
Check overall environment  
Watch several seconds ahead  
Avoid fixating on any point

# I

Identify Hazards

Pick out specific problems consider:  
✓ Surface composition  
✓ Other trail users and wildlife  
✓ Stationary objects

# P

Predict what may happen

Think of consequence.  
Consider riding techniques necessary.  
Predict results of choice

# D

Decide what to do

Slow down so there is more time to react. Pick the best line or path. Consider:  
✓ Traction  
✓ Obstacles within skill level  
✓ Visibility  
Choose to reduce risk  
Choose to stay well within personal limits and capabilities of the OHV

# E

Execute your decision

Adjust technique  
Adjust speed  
Adjust path of travel

# BE A RIGHT RIDER

We all have a stake in safe, responsible OHV riding, and land use.

Keeping riding areas open requires good relationships between public land managers, private land owners, and others who share the land such as riders, campers, and hikers.

In most cases common courtesy and consideration of their interests is all that is necessary to ensure that everyone can enjoy the area(s).

All OHV riders must use good judgement and be responsible. It is up to YOU to set a good example for OHV safety. You must help your peers to ride sensibly and safely at all times.

If you would like more information on OHV Safety or to book a OHV Safety Awareness workshop contact the LRPS Crime Prevention Unit, 1-855-299-0138.



Lakeshore Regional Police Service

# Ride SAFE Ride SMART



# OHV SAFETY

## Lakeshore Regional Police Service

Lakeshore Regional Police Service  
Box 291 Driftpile, Alberta T0G 0V0  
1-855-299-0138

# OFF-HIGHWAY VEHICLES

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In Alberta, an off-highway vehicle (OHV) is defined in the Traffic Safety Act as any motorized mode of transportation built for cross-country travel on land, water, snow, ice or marsh or swamp land or on other natural terrain, and without limiting the generality of the foregoing, includes, when specifically designed for such travel,

- 4-wheel drive vehicles,
- low pressure tire vehicles, motorcycles and related 2-wheel vehicles,
- amphibious vehicles,
- all-terrain vehicles (ATVs),
- utility terrain vehicles,
- miniature motor vehicles,
- snow vehicles,
- minibikes, and
- any other means of motorized transportation.

This definition includes OVS's known as side-by-sides, dirt bikes, snowmobiles and snow bikes. Excluded are motorboats, farm machinery and construction machinery.



## ARE YOU READY TO RIDE?

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Before you ride be sure you and your OHV are ready. Improper vehicle use can result in SEVERE INJURY or DEATH.

Take Smart Risks:

- **Look First:** think ahead; be aware of any hazards; check the weather; watch out for hikers or animals
- **Wear the Gear:** jackets, helmets, goggles, gloves, boots, long pants
- **Get trained:** get formal hands-on training from a trained instructor
- **Buckle Up:** make sure your gear fits properly and is fastened securely
- **Drive Sober:** do not use alcohol or drugs; pay attention, be in control
- **Seek Help:** tell others where you are going. Take emergency gear and get help immediately when you need it

## WEAR THE GEAR

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Jacket



Helmet



Goggles



Long Pants



Boots



Gloves

